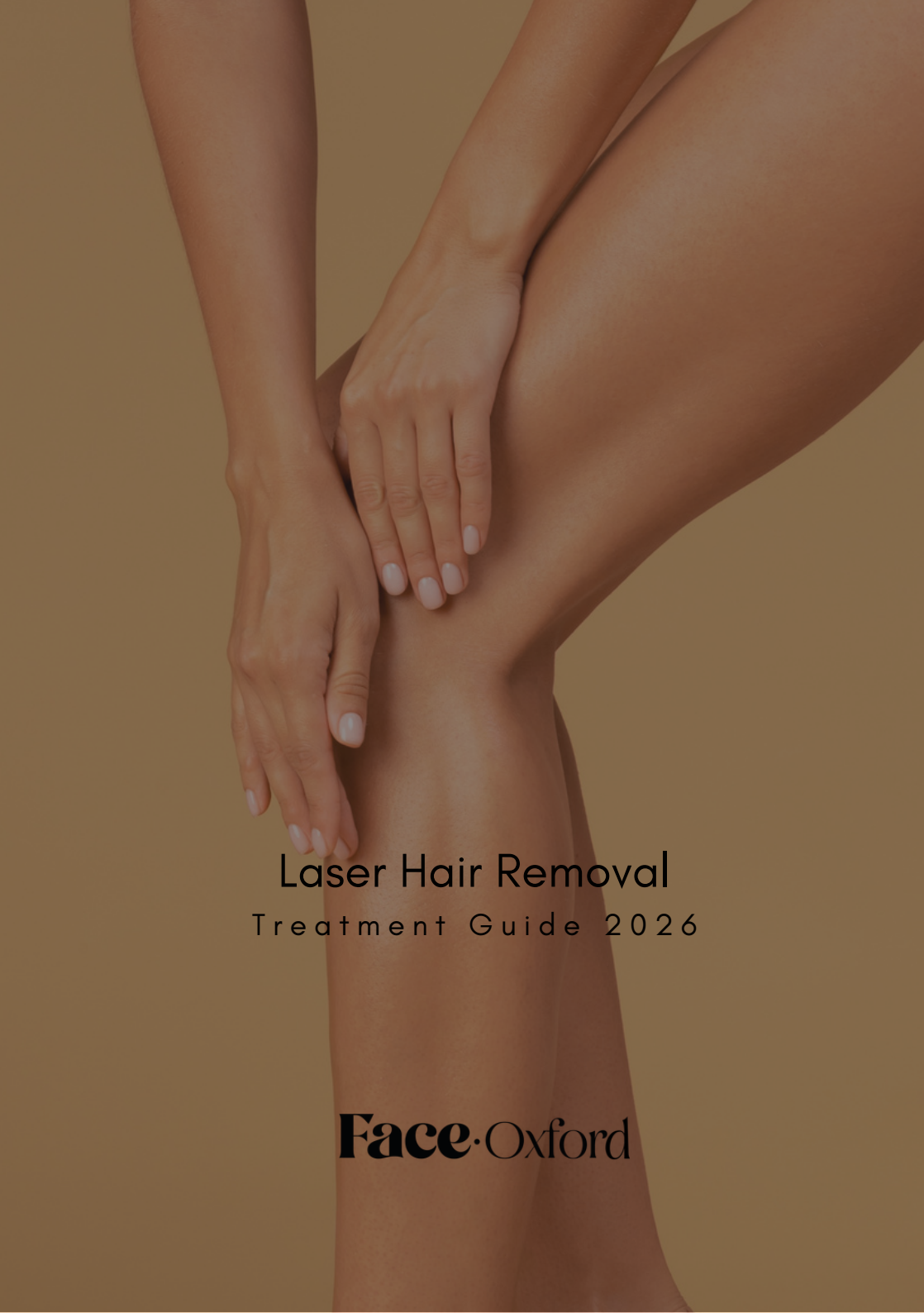




Laser Hair Removal

Treatment Guide 2026

Face·Oxford

WELCOME TO FACE OXFORD

Face Oxford is a nurse-led aesthetic and skin clinic based at Walton Street Wellness in Jericho, Oxford, offering advanced laser hair removal alongside evidence-based skin and aesthetic treatments.

Founded by Independent Nurse Prescriber Kat Cane, our approach combines clinical expertise with personalised treatment planning and advanced technology to deliver safe, effective, long-term hair reduction for a wide range of skin tones and hair types.

We use the Lynton MOTUS AY platform, combining Alexandrite and Nd:YAG laser technology to provide fast, comfortable treatments with minimal downtime. Our focus is not on rushed treatments or unrealistic promises, but on delivering clinically appropriate treatment plans tailored to the individual.

Laser hair removal is about more than reducing unwanted hair. Many patients also seek treatment for shaving irritation, ingrown hairs, folliculitis, pigmentation and the ongoing frustration of regular hair removal. We believe proper assessment matters, which is why every patient undergoes a detailed consultation and patch test before treatment begins.

We are a small, consistent team, so you will always see the same familiar faces each time you visit. Many of our patients have been with us for years and regularly recommend friends and family, which we are incredibly grateful for.

All appointments are booked online via our booking system. If you have questions or would prefer guidance before booking, please email and we'll be happy to help.

What it is & How to Prepare

Laser hair removal reduces unwanted hair by targeting the hair follicle with light energy. At Face Oxford, we use the Motus AY — an advanced system that delivers energy gradually for a more comfortable treatment, with excellent results across a range of skin types.

As hair grows in cycles, a course of treatments is suggested for best results.

Consultation & Test Patch

A consultation is required to assess your skin, hair type, and medical history.

A test patch is always performed to:

- Determine safe and effective settings
- Assess how your skin responds
- Ensure suitability for treatment

After your test patch, please monitor the area and report:

- How long redness or swelling lasts
- Any excessive heat or discomfort
- Any blistering or unusual reaction

This helps us tailor your treatment safely.

Pre-Treatment Advice

- Arrive with clean skin — no make-up, deodorant, perfume, or creams.
- Avoid waxing, plucking, threading, bleaching, or hair removal creams for 4 weeks prior.
- Shave the area 24 hours before your appointment (hair $\leq 1\text{mm}$).
- Avoid sunbeds and prolonged sun exposure for 4 weeks before treatment.
- No active or fake tan. Daily SPF 30+ is essential.
- We cannot treat tanned skin. Appointments may be chargeable if attended with tan.
- Inform us of any changes to your health or medications.
- Please arrive on time. The skin may be pre-cooled if required.

FACE

	1 session	8 sessions	Maintenance
Upper Lip	£55	£352	£45
Lip & Chin	£95	£608	£80
Chin	£55	£352	£45
Sides of Face	£70	£448	£60
Neck Front or Back	£95	£608	£80
Full Face	£125	£800	£105
Face & Neck	£135	£864	£120
Ear Lobes	£45	£228	£35

BODY

	1 session	6 sessions	Maintenance
Full Leg	£275	£1320	£225
Half Leg - lower	£180	£864	£160
Half Leg - upper	£195	£936	£170
Bikini Standard	£95	£456	£80
Brazilian	£130	£624	£105
Hollywood	£165	£792	£135

BODY

	1 session	6 sessions	Maintenance
Underarm	£85	£408	£75
Full Arms	£180	£864	£160
Lower Arm	£130	£624	£105
Hands or Feet	£75	£360	£65
Back	£200	£960	£180
Abdomen	£130	£624	£105
Chest	£130	£624	£105
Fingers or Toes	£65	£372	£55
Full Leg & Bikini	£305	£1464	£275
Full Leg & Brazilian	£325	£1560	£300
Full Leg & Hollywood	£340	£1632	£315
Half Leg & Bikini	£225	£1080	£195
Half Leg & Brazilian	£240	£1152	£210
Half Leg & Hollywood	£255	£1224	£230

Aftercare & What to Expect

Mild, temporary skin reactions are normal following treatment and usually settle within a few days.

Common Reactions

- Redness and slight swelling
- Warm or tingling sensation
- Mild sensitivity

Aftercare Advice

- Apply a cool flannel if needed. Avoid direct ice contact.
- Keep the area clean and treat gently. Avoid rubbing.
- Use a soothing product if recommended.

Avoid for 4-5 days:

- Saunas, steam, hot baths, intense exercise, massage.
- Use lukewarm water. Pat dry — do not rub.
- May be applied after several hours if the skin is comfortable.
- Daily SPF 30+ is essential during your course and for at least one month after.

When to Contact Us

Please contact the clinic if you experience:

- Blistering or broken skin
- Prolonged redness or discomfort
- Any unexpected reaction

If blistering occurs:

- Keep the area clean and dry
- Do not apply creams to broken skin
- Do not pick or disturb the area

For any concerns, please contact: info@faceoxford.com



Emily Mott – Senior Aesthetic Practitioner
Specialises in HydraFacial®, AlumierMD® peels, microneedling, BYONIK®,
and laser for long-term skin health.

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– FACIAL AESTHETICS –

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